

Physiotherapy

I grew up locally and had always wanted to come back and build my career at Addenbrooke's Hospital. I anticipated that its reputation as a large teaching hospital would give me the best chance of developing as a practitioner and progressing my career. I have not been disappointed! One of the exciting things about being here is that there are always new opportunities to up skill and you have access to a huge range of extremely knowledgeable specialist physiotherapists to learn from.

I first joined in October 2016, going straight from completing my physiotherapy degree into a junior physiotherapist rotational role. With a background in Sports Therapy, I had always felt drawn to working in an outpatients setting, so after completing three junior rotations, I progressed into a senior rotational role within the Outpatients Physiotherapy team.

My role currently involves working in the Occupational Health Department three days a week, where I provide treatment and advice to staff members who have sustained bone, joint or soft tissue injuries. The other two days of the week I am back in the Physiotherapy Department treating members of the public.

When your job involves rotating through different teams within the Physiotherapy Department, you are constantly meeting and working with different people. I have found that most physiotherapists tend to be fairly outgoing and sociable people and working with like-minded individuals makes it a great place to make friends with your colleagues.



Faye, Physiotherapist, Division B