

Career Opportunities for our Physiotherapists



About CUH



Cambridge University Hospitals (CUH) is one of the largest and most renowned NHS Trusts in the country. In addition to delivering care through Addenbrooke's and the Rosie Hospitals, CUH is also a leading national centre for specialist treatment, a government-designated comprehensive biomedical research centre, one of only five academic health science centres in the UK, and a university teaching hospital with a worldwide reputation.

CUH has over 1,000 beds and 10,000 members of staff. We are one of the largest and best known Trusts in the country. The 'local' hospital for our community, delivering care through its hospitals, Addenbrooke's and the Rosie, CUH is also a leading national centre for specialist treatment; a government designated comprehensive biomedical research centre; one of six academic health science centres in the UK – as Cambridge University Health Partners (CUHP); and a university teaching hospital with a worldwide reputation. Building on these different elements, CUH's vision is to be one of the best academic healthcare organisations in the world. Amongst other specialties, CUH is a leading national centre for specialist treatment in organ transplantation, cancer, neurosciences, paediatrics and genetics.

We offer a wide range of learning and development opportunities to help your professional development

Rotations

We are able to offer an excellent and varied choice of rotations including some very specialist areas. The rotations are every five months for Band 5's and seven months for Band 6's.

Senior Physiotherapy team leads

Each team is led by highly skilled and specialist physiotherapists who will support you during your rotation, helping you develop your clinical and research skills.

Band 5 development programme

We are extremely proud of our well evaluated Inter- professional Preceptorship programme which meets the Department of Health (2010) recommendations for all newly registered health care professionals. The flexibility of the programme will allow you to achieve the outcomes required by your service and also your own professional and personal goals.

Service improvement

Each team completes an Evidence Based Practice project annually (all team members are encouraged to contribute) and all teams' present a poster at the end of the year. Some of these posters are later presented at national conferences.

Courses

We offer regular opportunities to attend courses with many held at CUH. We have a generous study leave allowance of 7 days per year and staff members are able to apply for course funding.

Teaching and CPD opportunities

We offer weekly in-service training (IST) as well as regular 1:1 meetings. Band 5 and 6 physiotherapists also have regular group teaching/meeting sessions.

We offer the opportunity to teach other members of the multidisciplinary team (MDT) e.g. nursing staff.

We run regular respiratory workshops for our staff as well as study days and simulation days to support on call competencies.

All staff members have an annual appraisal with regular reviews to identify learning needs.

We also offer the chance to support and supervise non-qualified team members as well as students.



Research

Research is central to CUH's identity as a leading NHS hospital and development as an academic research centre. Cambridge is home to one of the richest pools of clinical and scientific knowledge and expertise not only in the country but in the world. The Trust has a vision to "become a world-leading centre for NMAHP research and a nationally recognised leader in developing and supporting clinical academic careers for nurses, midwives and allied health professionals". As a physiotherapy department we provide opportunities to take part in research projects, with funding available. Our staff regularly present at conferences and write publications.

Career Progression

We offer lots of opportunities for career progression and actively support the transition from band 5 to band 6. At band 6 level there are static and rotational posts available as well as development opportunities into teams outside of those in the rotations.

Specialist Teams

CUH is a national centre for specialist treatment which as physiotherapists, gives us the opportunity to work alongside specialist teams, including:

- NIV service
- Palliative care
- Respiratory nurses
- Pain specialists
- Rapid response team
- Parkinson's disease specialist nurses
- Dialysis unit
- Cardiac rehab
- Diabetes nurse specialists
- Tracheostomy teams
- Orthotics and many more.



Social activities

We are a friendly department and regularly organise social events both as a department and as smaller teams. These include team building activities, Christmas party, team socials and 'FLEE Friday'. The Frank Lee Centre (FLEE) is a leisure and fitness facility on site. The club runs as a 'not for profit' business and the membership fees are kept as low as possible to benefit any staff that work on the Cambridge University Hospital Campus.



Staff Benefits

- Advantage Salary Sacrifice Scheme
- Advice, information and counselling
- Annual leave purchase scheme
- Campus Sound (choir)
- Childcare facilities
- Discounts for staff; locally and nationally
- Flexible working scheme
- Frank Lee Leisure & Fitness
- NHS Pension Scheme
- Rental Deposit Loan Scheme
- Staff referral service for Physiotherapy
- Staff reward scheme 'You Made a Difference'
- Volunteer Release



Rotation Opportunities

- **Trauma and Orthopaedics**

You will have the opportunity to work in a very friendly and supportive team where you can gain experience on both Trauma and Elective orthopaedic wards. You will work closely with expert clinicians and gain knowledge and confidence in treating complex Trauma patients and also with other members of the MDT and gain a good understanding of major aspects of discharge planning.

- **Acute Medicine**

There are opportunities to practice and learn across a wide range of specialities including respiratory, cardiology, oncology, haematology, renal, gastroenterology, infectious diseases and diabetic care. You will develop skills in respiratory physiotherapy, rehabilitation, falls management, discharge planning, caseload management and prioritisation as well as MDT working in this fast paced environment.

- **Paediatrics**

The paediatric team cover Paediatric intensive care, Paediatric inpatient ward, Infant and under 3's ward and Paediatric oncology. This offers experience in complex neurological conditions, head and spinal injuries, brain tumours and other cancers, cystic fibrosis, respiratory conditions, long term ventilated patients and complex orthopaedic corrective surgeries.

- **Musculoskeletal (MSK) Outpatients**

We offer a comprehensive introductory teaching programme including subjective and objective assessment, upper limb, lower limb, spinal and hydrotherapy. You will be given the chance to observe senior clinicians and extended scope practitioners. There is protected bi-monthly mentor/case review time and weekly reflection time as well as regular team IST. We have a large well equipped gym and treatment area as well as a hydrotherapy pool and can offer experience in running class sessions. There are also close links to paediatrics, women's health and pain management teams.

- **Amputee Service**

The amputee service covers both in and out patients and sees patients of all ages who have or are about to have upper or lower limb amputation for vascular insufficiency, trauma, or cancer. The team work alongside the prosthetic department and often complete joint treatment sessions.

- **Stroke Rehab**

We have a 14 bedded hyper acute stroke unit and a 24 bedded sub-acute unit with 4 neurology rehab beds. We offer close MDT working, managing complex stroke patients with the opportunity to work with patients who are undergoing thrombolysis. There are lots of teaching opportunities with experienced senior staff to further your learning and understanding of stroke patients.

- **Department of Medicine for the Elderly (DME)**

The DME rotations give the opportunity to develop specialist skills in many areas including Parkinson's disease, Multiple Sclerosis and Dementia. You work closely with the MDT and train to a high level in discharge planning. The team offers bi-weekly teaching and the opportunity to contribute to publications in international and peer reviewed journals.

- **Major Trauma and Neuro-rehabilitation**

CUH is the Major Trauma Centre for East Anglia and experience can be gained in traumatic brain injuries, spinal cord injury, intracranial haemorrhages, Guillain Barre Syndrome, polytrauma and patients with complex orthopaedic needs. We have an holistic MDT approach with close working with occupational therapy, speech and language therapy, neuropsychology, the tracheostomy team and specialist orthotics.

- **Neurosciences**

This rotation is split into two, working on both the Neurology Critical Care Unit (NCCU) and the neurology wards. On NCCU the team is led by two physiotherapy clinical specialists, on this unit you would see major trauma patients and patients who are ventilated. It offers experience in intracranial pressure monitorin management, tracheostomy weaning and decannulation. You would also be involved in early stage rehabilitation. The Neurology wards offer experience in neurology, neurosurgery, acute respiratory and experience in complex discharge planning.

- **Surgery**

This rotation includes a 20 bedded intensive care unit (ICU) and 12 bedded intermediate dependency area which is led by a clinical specialist physiotherapist. The surgery wards include plastics, vascular, ear nose and throat, colorectal, urology, upper gastrointestinal, hepatobiliary and transplant. Addenbrooke's Hospital is the only transplant centre in the UK to perform full multi visceral transplantation which includes the liver and other organs such as stomach, pancreas and kidney. This rotation offers bi-weekly teaching, close MDT working, and the opportunity to develop respiratory and specialist rehabilitation skills.



Jobs at CUH

Please visit our recruitment website for more information and vacancies:

www.cuh.healthjobsuk.com

You can also follow CUH on Facebook and Twitter